

**YOUR ATTENTION PLEASE...**  
**CARDIO EQUIPMENT SIGN-UP SHEET PROCEDURE**  
**CHANGE**

**Effective January 29, during the peak use time of Monday-Friday 5:00 to 8:30pm fitness patrons can only sign up to use ONE PIECE OF CARDIO EQUIPMENT AT A TIME FOR NO MORE THAN 30 CONSECUTIVE MINUTES. At the end of each use, you may then sign-up for a 30 minute use on another piece of equipment.**

**This means you can no longer sign-up ahead of time to use more than one piece of cardio equipment.**

**The peak use time cardio equipment sign-up procedure has been amended to maximize the availability and opportunity for consistent and timely use of all cardio equipment by all fitness patrons during weekday peak use time.**

**As always, please let us know if you have any questions.**